Peach Crisp

3 cups sliced peaches, fresh with peels on, or canned, drained, and rinsed
1/2 cup flour
1/2 cup brown sugar
1/2 cup oats
1 tsp cinnamon
1/4 cup margarine or butter

1. Preheat oven to 225°F
2. Cut peaches into bite-sized pieces.
3. Place peaches in a medium baking dish.
4. Combine flour, brown sugar, oats, and cinnamon in a medium bowl.
5. Use a fork to mix the margarine or butter until the mixture becomes crumbly.
6. Sprinkle the flour mixture over the peaches.
7. Bake for 30 minutes or until peaches become soft.
8. Serve warm and enjoy!
Dear FoodBankFriends,

As a new school year begins, we at CFBNJ are hyperfocused on kids like Neymar, whom you read about on the front page of this issue of The Feed. With consistent access to nutritious food through our food distribution efforts and annual programs like Family Pack, we can help boost their attentiveness in class, energize them to achieve their goals, and prepare them to join the next generation of changemakers in the fight against hunger.

But even before the pandemic, 41% of New Jersey’s children lived in households experiencing financial hardship, according to a new report by the United Way of Northern New Jersey. While 12% of kids lived below the federal poverty line, an additional 29% resided in asset limited, income constrained, employed households (ALICE). These families earned above the federal poverty level but were still unable to afford the bare minimum of modern living expenses.

The COVID-19 pandemic further complicated the situation for kids, who faced additional setbacks to their education, lost access to school meals, and missed socializing with friends — among other struggles. Still today, the odds are stacked against children in need. That’s why stories like Neymar’s mean so much to us at CFBNJ. With access to our Family Pack program, he went from struggling to stay awake in class to thriving academically and socially.

CFBNJ is an advocate for hungry children and a provider of essential food and other resources for their families. You can be too! September is Hunger Action Month, a time to mobilize with the Feeding America network of food banks in an effort to end hunger. You can make an impact for kids like Neymar by:

• Donating funds to CFBNJ — every $1 you give helps us provide 3 nutritious meals.
• Volunteering your time in one of our warehouses or at off-site events.
• Hosting a food drive at work or in your community and encouraging donations of healthy non-perishables.
• Advocating to your local representatives and spreading the word to others about the problem of hunger in New Jersey.

Thank you for helping us feed our neighbors in need! Your support makes so much to us at CFBNJ. With access to our Family Pack program, we went from struggling to stay awake in class to thriving academically and socially.

Sandra, a beneficiary of New Hope’s Teen Leaders, Food Pantry, and Counseling Program, shared that when she and her family fell ill from COVID-19, she turned to New Hope. New Hope Community Ministries, one of our dedicated community partners and a CFBNJ Network Investment Grant recipient, has been a pillar of support for the Prospect Park and Haledon communities since 2015, offering professional counseling, immigration clinics, youth programs, food distributions, and more to over 600 residents.

In response to COVID-19, New Hope began hosting emergency local distributions to provide neighbors in need with fresh food and household supplies. With help from a Network Investment Grant from CFBNJ, they were able to continue these operations, serving about 480 individuals and distributing nearly 2,000 pounds of fresh produce in a matter of months.

“Grant funding from CFBNJ was essential to our COVID-19 response,” they shared. “It allowed us to volunteer in the community to help people,” he shared. “I think that’s the main focus of his life. “I’m trying to do a little thing in my community to help people,” he shared. “I think that’s the best way to make a difference.”

For over thirty years, Kenneth has been with CFBNJ as a volunteer in his free time. Recently, after Kenneth retired, he began spending most of his mornings volunteering at pantries throughout the state. While volunteering regularly at Morris County Paraprofessional community partners, distributing food and meals from CFBNJ. “I feel fortunate to see both sides of it,” he shared. Kenneth volunteers to serve a purpose for his community, telling us that volunteering is the main focus of his life. “I’m trying to do a little thing in my community to help people,” he shared. “I think that’s the best way to make a difference.”
Mike has been volunteering with CFBNJ since 2016, when he came to South Jersey after spending years overseas in Eastern Europe and Africa as part of the US State Department. For the past four years, he has been vital to the operations of our mobile pantries, helping to distribute fresh produce and proteins to neighbors in Atlantic, Cumberland, and Cape May counties. “What I enjoy about volunteering is that there are good people working together to do good things,” Mike shared. “When you volunteer with CFBNJ, you’re doing something with people who are like-minded and care about helping people who need extra assistance.”

Earlier this year, CFBNJ and the Casino Reinvestment Development Authority (CRDA) awarded nearly $500,000 in grants to 15 local nonprofits providing food assistance in Atlantic City. The funds will help these organizations to expand their operations and implement creative approaches to advancing the food security of Atlantic City residents in need. This was the second round of grants provided by CFBNJ as part of our multiyear, multimillion-dollar commitment to supporting hunger-relief organizations as they respond to the lasting effects of the COVID-19 pandemic.

“Atlantic City has been one of the hardest-hit cities in the country by the pandemic’s economic effects,” said Carlos Rodriguez, CFBNJ’s President & CEO. “We’re thrilled to provide much-needed support to organizations that are instrumental in the city’s recovery and in the fight against hunger.” Innovative work chosen to receive grant funding included a community garden, translation services for immigrant clients, a workforce development program for parents and children, a mobile pantry paired with a literacy program, and more. Leadership support from CRDA made this initiative possible. CFBNJ and CRDA have partnered closely throughout the pandemic, working to help casino employees and Atlantic City residents grappling with unprecedented levels of unemployment and food insecurity.

“CRDA is committed to addressing food insecurity in Atlantic City, and we are proud to partner with the Community FoodBank of New Jersey to provide support to families in need during these unprecedented times,” they told us.

HELPING HANDS

Except for