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PRINTABLES
NEIGHBORS HELPING NEIGHBORS AND ABOUT THE COMMUNITY FOODBANK OF NEW JERSEY

908-485-4462
events@cfbnj.org
With tight budgets and busy schedules, college students are particularly vulnerable to hunger, which can hinder their abilities to excel in the classroom and put them at greater risk of dropping out. CFBNJ distributes food to more than a dozen college campus pantries throughout the state and works with government to help enact long-term solutions to end college hunger in New Jersey.

**ITEMS NEEDED FOR EACH COLLEGE MEAL KIT***

*Important Note: NO GLASS. All items must be new and in original packaging and must contain nutrition facts.

1. 2 OATMEAL CUPS
2. 2 MICROWAVABLE RICE BOWLS
3. 1 CAN OF POP-TOP SOUP 14.5 OZ., LOW SODIUM
4. 2 CANS OF POP-TOP TUNA 5 OZ. EACH, IN WATER
5. 1 BOX OF MAC AND CHEESE
6. 1 SMALL BOX OF GRANOLA BARS, NO NUTS
7. 1 CAN OF POP-TOP FRUIT 15 OZ., IN FRUIT JUICE
8. 1 BOX OF COFFEE OR TEA BAGS

**GUIDELINES AND CHECK LIST**

☐ 1. Set Your Event Date(s) and Location(s)
☐ 2. Register Your Event and/or Set Up an Adjacent Virtual Fundraiser at cfbnj.org/fundraise
☐ 3. Spread the Word and Promote Your Event
☐ 4. Purchase or Start Collecting Items Needed and Funds
☐ 5. Contact events@cfbnj.org for Donation Drop-off Information

For more information, contact events@cfbnj.org.
COLLEGE MEAL KIT
EVENT SETUP INSTRUCTIONS AND RECOMMENDATIONS

LENGTH OF PACKING EVENT: ONE HOUR
NUMBER OF PARTICIPANTS: 15 PER ASSEMBLY LINE
GOAL: 15 KITS PER VOLUNTEER

PRE-EVENT PREPARATION
• Purchase* or collect all items needed for the College Meal Kit, including the special kit carrier (two gallon Ziploc bag, grocery bag, or a type of carrier which can be sealed or tied), and boxes to store packed College Meal Kits for donation
• Event location with counter space for assembly line(s)

PARTICIPANT ASSIGNMENTS
• Identify three participants as event working staff per assembly line to
  ○ Assist with event setup
  ○ Replenish items at the assembly line as needed
  ○ Box all the packed College Meal Kits at the end of the line for donation after the packing activity
• Divide the rest of the participants equally into teams for College Meal Kit packing at each assembly line

INSTRUCTIONS FOR SETUP
• If you have multiple assembly lines, divide all purchased/collected items equally
• Each assembly line should have the items placed in the suggested order below (start from heavier and bigger items then to lighter and smaller items)
  1. Cans of Fruit
  2. Cans of Soup
  3. Cans of Tuna
  4. Microwaveable Rice Bowls
  5. Boxes of Granola Bars
  6. Boxes of Mac and Cheese
  7. Oatmeal Cups
  8. Boxes of Coffee/Tea Bags
• Create a couple of completed kits for display at the beginning of the assembly line next to the “CREATE COLLEGE MEAL KIT HERE” signage.

*Important Note: The event organizer shall be responsible for item purchase.

For more information, contact events@cfbnj.org.
1. Take one bag
2. Add the following items to the bag in order:
   - One [1] Can of Fruit
   - One [1] Can of Soup
   - Two [2] Cans of Tuna
   - One [1] Box of Granola Bars
   - One [1] Box of Mac and Cheese
   - Two [2] Oatmeal Cups
   - One [1] Box of Coffee/Tea Bags
3. Seal and return the completed kit to the event working staff at the end of the assembly line
4. Head back to the beginning of the line and continue packing!

*Please proceed swiftly through the line so all guests have the opportunity to experience volunteering. Thank you for your cooperation and support!*
NEEDED ITEMS
College Meal Kit Food Drive

EVENT DATES: ______________________

OATMEAL CUPS
MICROWAVABLE RICE BOWLS
CANS OF POP-TOP SOUP 14.5 OZ., LOW SODIUM
CANS OF POP-TOP TUNA 5 OZ., IN WATER
BOXES OF MAC AND CHEESE
SMALL BOXES OF GRANOLA BARS, NO NUTS
CANS OF POP-TOP FRUIT 15 OZ., IN FRUIT JUICE
BOXES OF COFFEE/TEA BAGS

*Important Note: All items must be new and in original packaging and must contain nutrition facts.

MONETARY DONATIONS ALSO ACCEPTED.

SCAN TO DONATE.
$1 = 3 MEALS.
College Meal Kit Food Drive

DROP OFF HERE

Thank you for providing food, help, and hope to our neighbors in need!

CFBNJ COMMUNITY FOODBANK OF NEW JERSEY HELPING NEIGHBORS
NEIGHBORS HELPING NEIGHBORS
The power of coming together. Neighbors Helping Neighbors is CFBNJ’s community-based effort to help spread awareness about food insecurity and raise funds to provide food, help and hope for our neighbors in need. Bring your family, friends, neighbors, and coworkers together for the cause. Join us.

ABOUT THE COMMUNITY FOODBANK OF NEW JERSEY
The Community FoodBank of New Jersey (CFBNJ), a member of Feeding America®, has been delivering food, help and hope across the state for over 45 years. Last year, CFBNJ provided nutritious food for over 85 million meals through its network of more than 800 community partners including pantries, soup kitchens, emergency shelters, mobile pantries, and child and senior feeding programs throughout the 15 New Jersey counties it serves. For our hungry neighbors, CFBNJ is the powerful agent of change that fills the emptiness caused by hunger and provides resources that are essential to earning a sustainable living.