




COLLEGE MEAL KIT

FOOD DRIVE AND PACKING PARTY GUIDELINES, CHECKLIST, AND PRINTABLES

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 908-485-4462

 events@cfbnj.org

COLLEGE MEAL KIT



With tight budgets and busy schedules, college students are particularly vulnerable to hunger, which can hinder their abilities to excel in the classroom and put them at greater risk of dropping out. CFBNJ distributes food to more than a dozen college campus pantries throughout the state and works with government to help enact long-term solutions to end college hunger in New Jersey.

ITEMS NEEDED FOR EACH COLLEGE MEAL KIT*

**Important Note: NO GLASS. All items must be new and in original packaging and must contain nutrition facts.*

1.



2 OATMEAL CUPS

2.



2 MICROWAVABLE RICE BOWLS

3.



1 CAN OF POP-TOP SOUP
14.5 OZ., LOW SODIUM

4.



2 CANS OF POP-TOP TUNA
5 OZ. EACH, IN WATER

5.



1 BOX OF
MAC AND CHEESE

6.



1 SMALL BOX OF
GRANOLA BARS, NO NUTS

7.



1 CAN OF POP-TOP FRUIT
15 OZ., IN FRUIT JUICE

8.



1 BOX OF
COFFEE OR TEA BAGS

GUIDELINES AND CHECK LIST

- 1. Set Your Event Date(s) and Location(s)
- 2. Register Your Event and/or Set Up an Adjacent Virtual Fundraiser at cfbnj.org/fundraise
- 3. Spread the Word and Promote Your Event
- 4. Purchase or Start Collecting Items Needed and Funds
- 5. Contact events@cfbnj.org for Donation Drop-off Information

For more information, contact events@cfbnj.org.

COLLEGE MEAL KIT

EVENT SETUP INSTRUCTIONS AND RECOMMENDATIONS



LENGTH OF PACKING EVENT: ONE HOUR

NUMBER OF PARTICIPANTS: 15 PER ASSEMBLY LINE

GOAL: 15 KITS PER VOLUNTEER

PRE-EVENT PREPARATION

- Purchase* or collect all items needed for the **College Meal Kit**, including the special kit carrier (two gallon Ziploc bag, grocery bag, or a type of carrier which can be sealed or tied), and boxes to store packed **College Meal Kits** for donation
- Event location with counter space for assembly line(s)

PARTICIPANT ASSIGNMENTS

- Identify three participants as event working staff per assembly line to
 - Assist with event setup
 - Replenish items at the assembly line as needed
 - Box all the packed **College Meal Kits** at the end of the line for donation after the packing activity
- Divide the rest of the participants equally into teams for **College Meal Kit** packing at each assembly line

INSTRUCTIONS FOR SETUP

- If you have multiple assembly lines, divide all purchased/collected items equally
- Each assembly line should have the items placed in the suggested order below (start from heavier and bigger items then to lighter and smaller items)
 1. Cans of Fruit
 2. Cans of Soup
 3. Cans of Tuna
 4. Microwaveable Rice Bowls
 5. Boxes of Granola Bars
 6. Boxes of Mac and Cheese
 7. Oatmeal Cups
 8. Boxes of Coffee/Tea Bags
- Create a couple of completed kits for display at the beginning of the assembly line next to the "CREATE **COLLEGE MEAL KIT** HERE" signage.

**Important Note: The event organizer shall be responsible for item purchase.*

For more information, contact events@cfbnj.org.

CREATE COLLEGE MEAL KIT HERE

1. Take one bag

2. Add the following items to the bag in order:

- One [1] Can of Fruit
- One [1] Can of Soup
- Two [2] Cans of Tuna
- Two [2] Microwaveable Rice Bowls
- One [1] Box of Granola Bars
- One [1] Box of Mac and Cheese
- Two [2] Oatmeal Cups
- One [1] Box of Coffee/Tea Bags

3. Seal and return the completed kit to the event working staff at the end of the assembly line

4. Head back to the beginning of the line and continue packing!

Please proceed swiftly through the line so all guests have the opportunity to experience volunteering. Thank you for your cooperation and support!



NEEDED ITEMS

College Meal Kit Food Drive

EVENT DATES: _____



OATMEAL CUPS



MICROWAVABLE
RICE BOWLS



CANS OF POP-TOP SOUP
14.5 OZ., LOW SODIUM



CANS OF POP-TOP TUNA
5 OZ., IN WATER



BOXES OF
MAC AND CHEESE



SMALL BOXES OF
GRANOLA BARS, NO NUTS

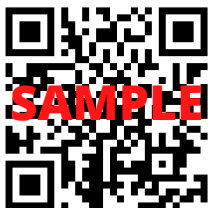


CANS OF POP-TOP FRUIT
15 OZ., IN FRUIT JUICE



BOXES OF
COFFEE/TEA BAGS

**Important Note: All items must be new and in original packaging and must contain nutrition facts.*



MONETARY DONATIONS ALSO ACCEPTED.

SAMPLE SCAN TO DONATE.
\$1 = 3 MEALS.



**NEIGHBORS
HELPING
NEIGHBORS**

College Meal Kit Food Drive

DROP OFF HERE

Thank you for providing food, help, and hope
to our neighbors in need!





NEIGHBORS HELPING NEIGHBORS

The power of coming together. **Neighbors Helping Neighbors** is CFBNJ's community-based effort to help spread awareness about food insecurity and raise funds to provide food, help and hope for our neighbors in need. Bring your family, friends, neighbors, and coworkers together for the cause. Join us.

ABOUT THE COMMUNITY FOODBANK OF NEW JERSEY

The Community FoodBank of New Jersey (CFBNJ), a member of Feeding America® and the state's largest anti-hunger organization, has been delivering food, help, and hope across the Garden State for nearly 50 years. Last year, CFBNJ provided nutritious food for over 90 million meals through its network of more than 800 community partners, including food pantries, soup kitchens, shelters, child and senior nutrition programs, and more, serving 11 New Jersey counties directly and four in partnership with affiliate food banks. It also addresses the root causes of food insecurity with supportive services like nutrition education, job training, SNAP outreach, and hygiene product distribution. By delivering neighbor-centered solutions and collaborating with all sectors of society, CFBNJ believes that food insecurity is a solvable problem.