## ANNUAL REPORT 2023





## **OUR MISSION**

WE SERVE AS A CHAMPION FOR ADDRESSING ROOT CAUSES OF HUNGER, DELIVERING NEIGHBOR-CENTERED SOLUTIONS, AND FOSTERING COLLABORATIVE PARTNERSHIPS ACROSS ALL SECTORS OF SOCIETY FOR NEW JERSEY.



# **MEET TONY**

Though Tony and his wife both have full-time jobs, sometimes they need a little extra help from their local food pantry, Gateway Community Action Partnership in Bridgeton, Cumberland County.

Cumberland's median household income is the lowest in the state. And Bridgeton, where Tony and his wife live, is a rural and particularly under-invested South Jersey community.

# "TIMES ARE TOUGH, ESPECIALLY HERE," HE SAID. "BUT THE PANTRY HELPS MY WIFE AND I A LOT."

Tony works in the transportation department for the local public schools, and his wife is a tax accountant, but the high cost of living in New Jersey makes it difficult for them to put food on the table. When Tony comes to the pantry, he looks for fresh staples that he and his wife might not otherwise be able to afford.

"WE LIKE VEGETABLES, MILK, AND EGGS – THE BASICS, "HE SAID. "AND THE PANTRY OFFERS ALL OF THAT."

Tony also appreciates all the friendly faces he meets at Gateway CAP, where volunteers, staff, and neighbors come together to form a close-knit community.

"COMING HERE IS A VERY PLEASANT EXPERIENCE," TONY TOLD US. "I APPRECIATE IT SO MUCH."

CFBNJ'S FY24 - FY27 STRATEGIC APPROACH

Dear FoodBank Friends,

OUR MISSION TO PROVIDE

FOOD FOR TODAY,

HELP FOR TOMORROW,

AND HOPE FOR THE FUTURE —

ULTIMATELY ENDING HUNGER FOR GOOD —

IS BOTH IMPERATIVE AND ACHIEVABLE.



With the adoption of our new strategic plan, CFBNJ is looking towards a future in which data analysis and creative solutions lead the way. We've already begun to align our food distribution and partnership efforts with the amounts of food insecurity present in individual communities. This will help us tailor our work to ensure that the need is being met in every city and every town across New Jersey. Over the next four years, we will meet neighbors where they are to address their individual needs, bringing our mobile pantries to rural communities and providing food and wrap-around services together in convenient locations like colleges health clinics, and senior centers.

Our next several annual reports will dive deeply into each of the strategic plan's mission delivery priorities to help you better understand our goals and what we've accomplished towards them. The focus for our 2023 Annual Report is on our efforts to promote choice and provide healthy and nutritious food.

We know that the power of food goes beyond helping someone not feel hungry; it can lead to improved health outcomes, address medical conditions, support cultural values and traditions, and uphold dignity. For our neighbors in need, the healthiest options are often the least accessible, but they recognize the value of nourishing food and are asking for it from CFBNJ and our community partners. To help improve wellness among those we serve, we are developing a community-informed nutrition policy, providing nutrition education and medically tailored meals, prioritizing purchases of produce and protein, and so much more. You'll read all about these efforts in this annual report. By providing access to nutritious food, we can help keep the people we serve healthy and active to reduce their chances of being food insecure in the future.

As we've greatly improved the type of food we provide, we've also grown in capacity to meet the increasing need. Last year, CFBNJ distributed its one billionth meal! This was a proud moment for us, but it also spoke to the challenges that too many of our neighbors have faced in being able to afford nutritious food for themselves and their families.

All of our work, including this milestone, is possible thanks to community members like you who have given food, funds, time, and their voices. We know that, together, hunger is solvable.

With Gratitude,

Elizabeth McCarthy
CFBNJ President & CEO



CFBNJ understands that new approaches are necessary to make lasting change for those we serve. We have developed a transformative plan for our next four years that prioritizes an increase in our effectiveness and impact.

priority #1 NEW AND BETTER DISTRIBUTION

# priority #2 HEALTHY AND NOURISHING FOOD IS A PRIORITY FOCUS FOR NEIGHBOR WELLNESS

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The nutritional value of the food we provide is key. As we prioritize our neighbors' overall health and well-being, we will create a community-informed nutrition policy, expand our purchasing of produce and protein, provide best-in-class direct services, and offer nutrition education and medically-tailored meals.

priority #3 IMPROVE AND SERVE AS AN ACTIVIST AND INVESTOR IN THE NJ FOOD SECURITY ECOSYSTEM

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# PRODUCE AND PROTEIN INCREASE NEIGHBOR WELLNESS

# AS WE WORK TO PRIORITIZE NEIGHBORS' WELLNESS, PRODUCE AND PROTEINS WILL BE OUR TOP PURCHASING PRIORITIES.

One way that we're securing more fresh food is through the Local Food Purchase Assistance Cooperative Agreement (LFPA), for which CFBNJ now serves as the subrecipient agency through the New Jersey Department of Agriculture.

We use funds from the Jersey Fresh for All program, as part of LFPA, to purchase food from socially disadvantaged New Jersey farmers and producers for distribution in underserved communities. In close coordination with the Director of the New Jersey Office of the Food Security Advocate and the state's other food banks, CFBNJ is ensuring that fresh food purchased through LFPA reaches people in need in all 21 counties. Since the agreement was signed in late 2022, CFBNJ has purchased millions of pounds of New Jersey-sourced produce and proteins to bring wholesome, healthy, and delicious Jersey Fresh food to neighbors in need. This groundbreaking work promotes diversity in farming by creating new markets for farmers and increasing their capacities to build thriving businesses.

Distributing a variety of nutritious foods is especially important for those with chronic health conditions, like diabetes and hypertension, which disproportionately affect the people CFBNJ serves. We also provide medically tailored menus through our diabetes program and other health partnerships. Low-sodium, heart-healthy meals produced in our very own kitchen nourish seniors living on fixed incomes.

To formalize these efforts to provide food that address our neighbors' health concerns, cultural considerations, and food preferences, CFBNJ is creating a nutrition policy to provide clear guidance about the types and nutritional quality of the foods we provide. Through this written policy, in which foods will be separated into "choose often," "choose sometimes," and "choose rarely" tiers, CFBNJ will make every effort to prioritize foods with the greatest nutritional values. The Common Market and the New Jersey Food Democracy Collaborative are serving as key collaborators in the program's procurement, research, outreach, and relationship development activities."

At CFBNJ, our goal is to ensure that all neighbors can have balanced diets to support healthy, active lifestyles.



# HEALTHY PANTRIES PRESERVE THE DIGNITY OF CHOICE



# AT CFBNJ, IT'S NOT JUST ABOUT WHAT FOOD WE PROVIDE BUT ALSO HOW WE PROVIDE IT.

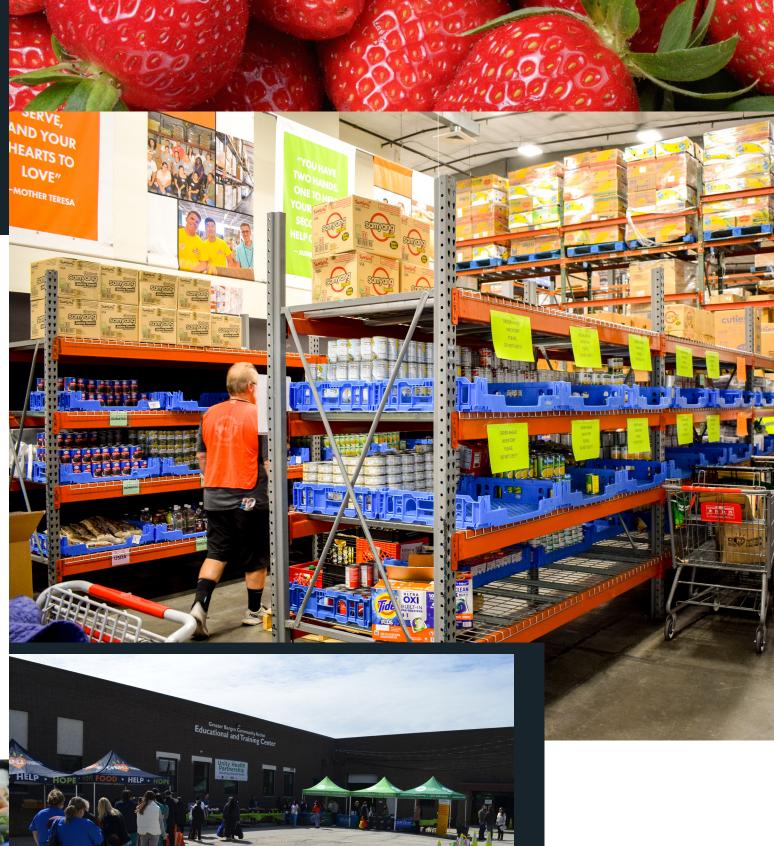
In 2023, CFBNJ's on-site Community Assistance Pantry in Egg Harbor Township transitioned back to a choice model after years of providing bagged grab-and-go food as a safety measure due to the pandemic. Creating a shopping experience like that of a grocery store to empower our neighbors to choose what they get at food pantries is beneficial for so many reasons. On a practical level, it reduces waste by ensuring that people will use everything they take home to their families. But even more important than that, it affords our neighbors in need the dignity of being able to choose food tailored to their households' cultures, religious traditions, dietary needs, and preferences. Also as part of the refreshed model, we are assisting our neighbors through SNAP enrollment and case management, helping them identify the causes of their food insecurity and providing them with appropriate resources.

We will also utilize a choice model when our new pantry opens in Garfield as part of the Unity Health Center – a multisector collaborative effort to address the social determinants of health in Bergen County. The Unity Health Center, which was in progress throughout 2023, will be a health and wellness center that provides accessible, quality, and comprehensive care to low-income, underserved, and underinsured residents of Garfield and the surrounding towns. It will house resources provided by several area nonprofits, including a client choice food pantry, a demonstration kitchen, an in-house pharmacy, medical labs, examination rooms, and so much more.

At our pantry in the Unity Health Center, CFBNJ will emphasize healthy food options and provide nutrition education. Through an initiative called Growing Healthy Pantries, which was launched in partnership with New Jersey's other four food banks, we have created a toolkit to help pantries across the state follow suit. The toolkit provides best practices, strategies, and resources to support food pantries in their journeys to becoming healthier spaces. It guides pantry staff and volunteers in making changes like developing nutrition policies, increasing healthy food options, and providing supportive services like nutrition education.

By focusing on choice and nutritious options, we can help to ensure healthy, active lives for our neighbors in need.





## THANKS TO CARING SUPPORTERS LIKE YOU, CFBNJ PROVIDED ENOUGH FOOD FOR OVER 90 MILLION MEALS TO NEIGHBORS IN NEED LAST YEAR.





MORE THAN

800

COMMUNITY

PARTNERS

ASSISTED OUR

NEW JERSEY NEIGHBORS

27,000
NEW JERSEY
NEIGHBORS
RECEIVED NUTRITION

RECEIVED NUTRITION
AND PHYSICAL EDUCATION



KEPT FAMILIES CLEAN AND ACTIVE



7,000

#### **DIABETES-FRIENDLY**

FOOD BOXES EMPOWERED
NEIGHBORS TO TAKE
CONTROL OF THEIR HEALTH



MORE THAN

\$4 MILLION

IN SNAP BENEFITS

EXPANDED HOUSEHOLD

BUDGETS

\$3.2 MILLION IN GRANT FUNDS

GREW LOCAL
ORGANIZATIONS'
CAPACITIES

88,000 VOLUNTEER HOURS HELPED MAKE OUR

**WORK POSSIBLE** 



54
WORKFORCE
DEVELOPMENT
STUDENTS GRADUATED
TO SUCCESSFUL
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Emiliano Mazzarella

Mary K. McGrath

Helen and Robert McHale

Robert V. Miller

William Mirra

Eleanor Monaghan

Pedro Navarro

Ira Newman

Gabriel James Picozzi

Marian and Alan Reinheimer

Sharon Roling

Eileen Saar

Arthur J. Sabatini

Marie Sanduzzi

Estate of Frances S. Schueler

Caroline and Gary Siess

Dr. Allen J. Simonson

Aanes L. Stano

Steve and Lila Teitelbaum

James D. Van Blarcom The Estate of Daniel Wagner

Thomas Walker

Marjory Walters

Judy Weston

William Wisneski

#### **Gifts In-Kind** (Food, 100,000+ lbs)

Acme Markets Aldi

Amazon.com, Inc.

America's Grow-a-Row BJ's Wholesale Club, Inc.

Blue Apron Inc.

**Bob Evans Farms** 

Costco Wholesale Corporation

Danone WhiteWave

Exp Group LLC FreshPro Food Distributors

Glass Gardens, Inc.

Goya Foods Inc.

HelloFresh

Kellanova

Keurig Dr. Pepper Inc.

Kings Food Markets

Lassonde Pappas and Company, Inc.

Liberty Coca-Cola Beverages

Marmora DC

Michael Foods Inc

Niagara Bottling, LLC

NYC Emergency Management Humanitarian Logistics Unit

Premio Foods, Inc.

Rainforest Distribution

Saker ShopRites, Inc.

Sam's Club

Samyang America, Inc.

Stop & Shop

**Target Corporation** 

Trader Joe's Tropicana Products, Inc.

US Foods Metro NY

Village Super Market, Inc.

Wakefern Food Corp.

Walmart, Inc.

Wegmans

Whole Foods Market

Zerega

#### **Gifts In-Kind** (Non-Food, \$5,000+)

**CBS New York** 

Harvest Restaurant Group

My9NJ/WWOR-TV

NBC Sports (NSPN, NSPP) OUTFRONT Media, Inc.

Park Avenue Club

SportsNet New York

SportsNet New York-Hartford

WJLP

YES Network

**Check-Out Hunger ®** 

2021 New Jersey Sponsor Premio Foods, Inc.

**Check-Out Hunger ® 2021 Participating Stores** 

Foodtown

The Fresh Grocer

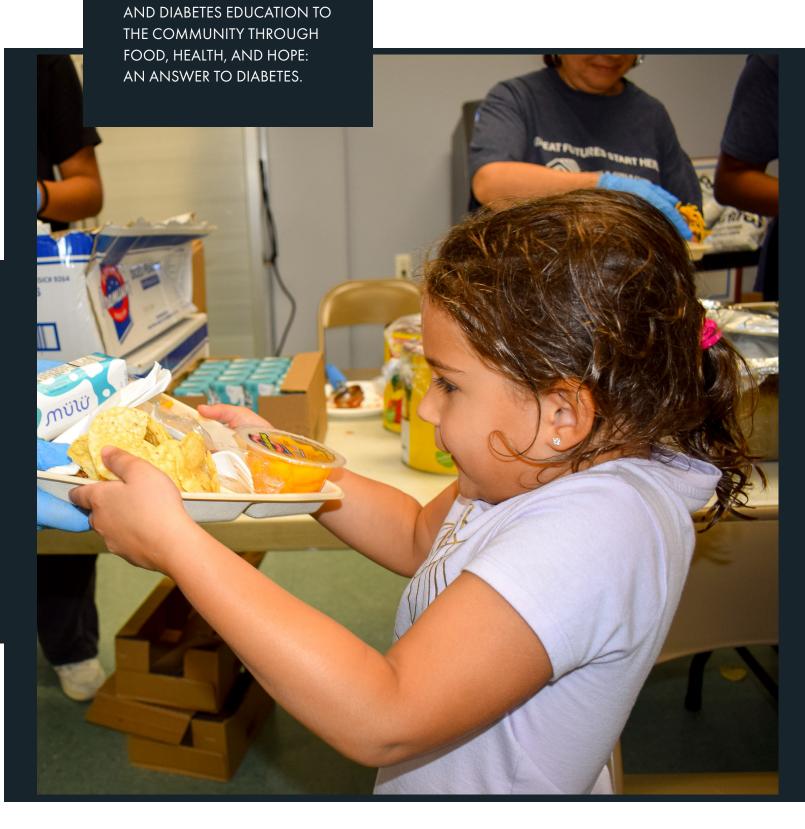
Price Rite Marketplace QuickChek

ShopRite

Wawa

Wegmans

**CFBNJ EXTENDS A** SPECIAL THANKS TO **BOSTON CONSULTING GROUP (BCG) FOR THEIR PRO BONO SERVICES DURING OUR STRATEGIC** PLANNING PROCESS. **BCG HAS PLAYED AN INSTRUMENTAL ROLE** IN SETTING THE FUTURE **DIRECTION OF THE** FOODBANK.



CFBNJ IS GRATEFUL FOR OUR

**SUMMIT CARES** TO PROVIDE

SEVEN-YEAR PARTNERSHIP WITH

**HEALTH AND WELLNESS SERVICES** 

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# THANKS TO OUR CORPORATE IMPACT PARTNERS...

CFBNJ IS GRATEFUL TO THE COMPANIES THAT FUEL OUR MISSION WITH THEIR GENEROSITY. IN 2023, 148 CORPORATE IMPACT PARTNERS GAVE FOOD, FUNDS, AND TIME TO HELP OUR NEIGHBORS IN NEED,

#### **Visionary Partners**

#### (\$100,000+ or 1 Million+ Pounds of Food)

ACME & Kings Nourishing Neighbors

Albertsons Companies Foundation

Amazon

Bank of America

Bayer Fund

Costco

CVS Health

Darden Restaurants, Inc. Foundation

Goldman Sachs Gives

The Horizon Foundation for New Jersey

Jersey Mike's

Johnson & Johnson

JPMorgan Chase

Morgan Stanley/Morgan Stanley Foundation

Peerless Beverage Company

Premio Foods, Inc.

Prudential/Prudential Foundation

**PSEG** Foundation

RWJBarnabas Health

Spencer's & Spirit Halloween

Starbucks

Stop & Shop

**Target Corporation** 

TD Bank/TD Charitable Foundation

Trader Joe's

Wakefern Food Corp.

Walmart & Sam's Club

The Wawa Foundation

#### **Leadership Partners**

#### (\$50,000 - 99,999 or 500,000+ Pounds of Food)

#### ADP

BJs

Blue Apron

**BNY Mellon** 

Borgata Hotel Casino & Spa/MGM

Resorts Foundation Bristol Myers Squibb

Charles Schwab

Chatham Asset Management

Dave.com

Merck

New Jersey Devils, Prudential Center,

and Devils Youth Foundation

Novo Nordisk

QuickChek

Sanofi

South Jersey Industries TJX Companies

Tropicana

Weamans

United Airlines

**US** Foods

Village Super Market

Zerega

#### **Champion Partners (\$25,000 - 49,999)**

Aetna

American Airlines

Amerigroup Community Care

Atlantic City Electric, an Exelon Company

Benjamin Moore

Broadridge Financial Solutions CA Ferolie

Capital One Bank

Chick-Fil-A

Citizens Bank Foundation

CRA Financial Services LLC

The Depository Trust and Clearing Corporation (DTCC)

Dunkin' Joy in Childhood Foundation

**Enterprise Holdings Foundation** 

Fifth Generation

Hard Rock Hotel & Casino Atlantic City

Harvest Restaurants

Kellogg Company

Kimley-Horn

Link Logistics Real Estate Optimus Healthcare Partners

Paul Miller Subaru

PNC Bank/PNC Foundation

Terumo Medical Corporation

Valley Bank

ZT Systems

#### Volunteer Partners (\$10,000 - 24,999)

All Within My Hands Foundation

Alliant Insurance Services, Inc.

Ameriprise Financial

Arch Capital Services LLC

AtlantiCare Health System

Blue Foundry Bank

Caesars Entertainment

**CBA** Industries

Chubb Charitable Foundation

Cigna Healthcare City National Bank

Deloitte

Disney Domino's

Double Nickel Brewing Co

EZ Green Home

Fidelis Care

Fogo de Chao

Formosa Plastics USA

Google

Goya Foods

\*CFBNJ Impact Partners is an annual program. Funding reflects giving between October 2022 - October 2023

**HCL** Technologies

**Hearst Corporation** 

Indus Valley Partners

Inserra Supermarkets

LS Technologies, LLC

Mazars USA LLP

McCarter & Enalish

McKinsey & Company Molson Coors

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National Basketball Association

New York Life Insurance Company

New Jersey American Water

New York Football Giants

New York Red Bulls

NJM Insurance Group

Ocean Casino Resort

OceanFirst Foundation

Patina Restaurant Group

Phillips 66 Bayway Refinery

The Ralph Lauren Corporate Foundation

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Russo Property Management &

One Main Financial

Pfizer, Inc.

PIM Brands

PVH Corp.

Port Royal Sales

R. Seelaus & Co., Inc.

Red Nose Day Fund

Russo Development

Santander Bank

StoneX Group Inc.

Summit Health Cares

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Touch Dynamic

Whole Foods

Wonder

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Tata Consultancy Services

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**United Therapy Solutions** 

Seafrigo

Sysco

Novartis US Foundation

McDonald's Owner/Operators Association

**HSBC** 

Innophos

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and includes contributions received via Feeding America.

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Gerald Maloney, Chief Financial Officer

Jeannie Fournier, Vice President, Programs & Services

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**Events Marketing, & Communications** Adele LaTourette, Associate Vice President, Policy &

Andrea Peter, Associate Vice President, Human Resources

\*As of 3/1/2024

# CONDENSED SUMMARY OF FINANCIALS

# **FISCAL YEAR 2023**

#### FISCAL YEAR 2022

#### \$111,449,457

\$15,876,667 \$91,449,346 \$4,123,444

#### **TOTAL LIABILITIES & NET ASSETS**

Net Assets without Donor Restrictions

Net Assets with Donor Restrictions

#### **REVENUE & SUPPORT**

**TOTAL ASSETS** 

Total Liabilities

Total Net Assets

**LIABILITIES & NET ASSETS** 

Without Donor Restrictions With Donor Restrictions

#### **TOTAL REVENUE & SUPPORT**

#### **EXPENSES**

**Program Services** Management and General Development

**TOTAL EXPENSES** 

\$95,572,790

\$111,449,457

\$196,720,221 \$(578,503)

\$196,141,718

\$171,015,836 \$7,548,590 \$6,409,729

\$184,974,155

#### \$94,902,573

\$10,497,346 \$79,703,280 \$4,701,947 \$84,405,227

\$94,902,573

\$160,489,251 \$ 38,057

\$ 160,527,308

\$157,375,304 \$6,903,568 \$6,998,230

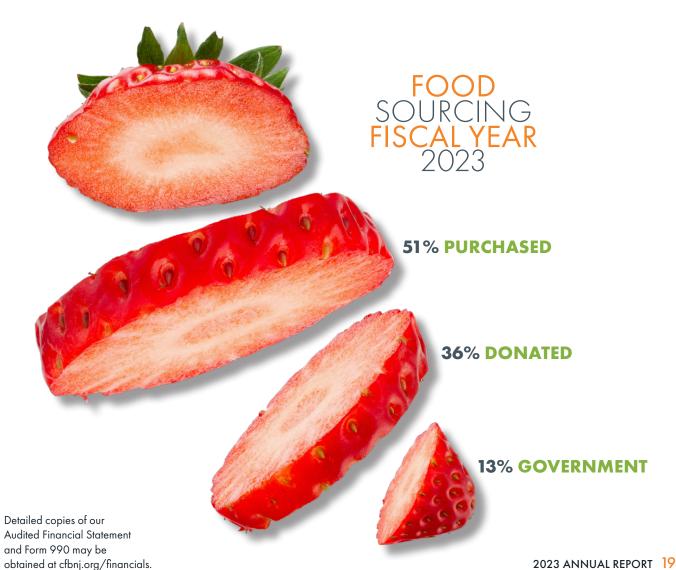
\$171,277,102



# ALLOCATION OF RESOURCES

### 92%

**OF RESOURCES GO DIRECTLY TO PROGRAMS** THAT FEED HUNGRY NEIGHBORS.



## MEET ARIN

First grader Arin has lots of big dreams for his future.

"I WANT TO BE A DENTIST WHEN I GROW UP," HE SHARED.

"OR A SPACE ASTRONAUT! THERE ARE SO MANY THINGS
I WANT TO BE."

With plenty of nutritious food and physical activity, he can grow up healthy and strong to achieve his goals. Every day after school, Arin visits the Boys & Girls Clubs of Hudson County, where he plays in the gym with his friends and eats nutritious dinners provided by the Community FoodBank of New Jersey. He also gets nutrition education lessons to help him form healthy habits.

When asked what he likes to eat, Arin exclaimed

"THIS! I LOVE THIS," POINTING TO HIS MEAL OF A PEPPERONI PIZZA BAGEL, CUCUMBER SLICES, AND A CUP OF PEACHES.

After dinner, Arin runs off to the gym for a game of basketball.

"I LOVE RECESS!" HE TOLD US. "AND I LIKE COMING HERE AND I LIKE THE FOOD THEY GIVE US."



# MEET ERIN



In her inspiring life, Erin has overcome the stigma around two critical issues – food insecurity and addiction. She's retired from the human resources department at the same addiction recovery center where she was a patient thirty years ago.

"I WAS VERY SERIOUS ABOUT MY RECOVERY," ERIN SHARED.

"I WANTED TO GET MY LIFE BACK ON TRACK."

She succeeded and impressed the center's staff so much that they offered her a full-time job, which she held until she retired eight years ago. Now, she spends her days helping other residents of the place she's called home for 27 years – New Community Corporation's affordable housing. Erin gives out food at CFBNJ's monthly senior box distributions and serves as a floor captain, looking after the well-being of 13 fellow residents. During the pandemic, she delivered meals directly to people's apartments every single day.

"IF SOMEONE IN THE BUILDING IS IN NEED OF HELP, I'M RIGHT THERE ON THE OTHER SIDE OF THE DOOR," SHE SAID.

Erin also receives food from CFBNJ herself. She's had two liver transplants, which have had lasting effects on her health and dietary needs.

"I LIKE TO GET FRUITS AND VEGETABLES AT THE DISTRIBUTIONS.
I EAT A LOT OF SALADS," ERIN TOLD US. "I'M ON A VERY STRICT DIET, AND THE FOOD FROM THE FOODBANK HELPS A LOT."

In addition to eating the right foods, at 72 years old, she remains physically active, too, regularly doing water aerobics at a community center nearby.

When asked where her drive to help others comes from, Erin credited her late parents:

"THEY RAISED MY SIBLINGS AND I TO GIVE BACK TO THE COMMUNITY. THEY GET ALL THE GLORY." "I'VE HAD A GREAT LIFE – A REALLY FULFILLING LIFE," SHE SAID.

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#### **CFBNJ.ORG**

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