



**NEIGHBORS  
HELPING  
NEIGHBORS**


# **DINNER IN A BAG**

## **FOOD DRIVE AND PACKING PARTY GUIDELINES, CHECKLIST, AND PRINTABLES**



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 908-882-0668

 [events@cfbnj.org](mailto:events@cfbnj.org)

# DINNER IN A BAG



Parents skip meals so they can feed their children. This tough choice is an unfortunate reality for many families in need. More than 675,000 people in CFBNJ's service area are food insecure, including over 185,000 children. They live in every county, city, and town across the state. They are our neighbors, coworkers, family, and friends.

## ITEMS NEEDED FOR EACH DINNER IN A BAG\*

1.



1 BAG OF BROWN RICE  
2 LBS.

2.



1 CAN OF VEGETABLES  
14.5 OZ., LOW SODIUM

3.



1 CAN OF TOMATO SAUCE  
29 OZ., LOW SODIUM

4.



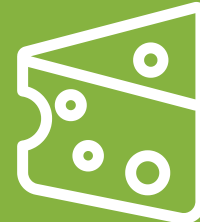
1 CAN OF DICED TOMATOES  
14.5 OZ., LOW SODIUM

5.



2 CANS OF CHICKEN  
12.5 OZ. EACH, IN WATER

6.



GRATED PARMESAN CHEESE  
8 OZ., SHELF STABLE

## GUIDELINES AND CHECK LIST

- 1. Set Your Event Date(s) and Location(s)
- 2. Register Your Event and/or Set Up an Adjacent Virtual Fundraiser at [cfbnj.org/fundraise](https://cfbnj.org/fundraise)
- 3. Spread the Word and Promote Your Event
- 4. Purchase or Start Collecting Items Needed and Funds
- 5. Contact [events@cfbnj.org](mailto:events@cfbnj.org) for Donation Drop-off Information

*\*Important Note: All items must be new and in original packaging and must contain nutrition facts.*

**For more information, contact [events@cfbnj.org](mailto:events@cfbnj.org).**

# DINNER IN A BAG

## EVENT SETUP INSTRUCTIONS AND RECOMMENDATIONS



**LENGTH OF PACKING EVENT:** ONE HOUR

**NUMBER OF PARTICIPANTS:** 15 PER ASSEMBLY LINE

**GOAL:** 15 KITS PER VOLUNTEER

### PRE-EVENT PREPARATION

- Purchase\* or collect all items needed for the **Dinner in a Bag**, including the special kit carrier (two gallon Ziploc bag, grocery bag, or a type of carrier which can be sealed or tied), and boxes to store packed **Dinner in a Bags** for donation
- Event location with counter space for assembly line(s)

### PARTICIPANT ASSIGNMENTS

- Identify three participants as event working staff per assembly line to
  - Assist with event setup
  - Replenish items at the assembly line as needed
  - Box all the packed **Dinner in a Bags** at the end of the line for donation after the packing activity
- Divide the rest of the participants equally into teams for **Dinner in a Bag** packing at each assembly line

### INSTRUCTIONS FOR SETUP

- If you have multiple assembly lines, divide all purchased/collected items equally
- Each assembly line should have the items placed in the suggested order below (start from heavier and bigger items then to lighter and smaller items)
  1. Bags of Brown Rice
  2. Cans of Tomato Sauce
  3. Cans of Diced Tomatoes
  4. Cans of Vegetables
  5. Cans of Chicken
  6. Grated Parmesan Cheese
- Create a couple of completed kits for display at the beginning of the assembly line next to the "CREATE **DINNER IN A BAG** HERE" signage.

*\*Important Note: The event organizer shall be responsible for item purchase.*

**For more information, contact [events@cfbnj.org](mailto:events@cfbnj.org).**

# CREATE DINNER IN A BAG HERE

- 1. Take one bag**
- 2. Add the following items to the bag in order:**
  - One [1] Bag of Brown Rice
  - One [1] Can of Tomato Sauce
  - One [1] Can of Diced Tomatoes
  - One [1] Can of Vegetables
  - Two [2] Cans of Chicken
  - One [1] Grated Parmesan Cheese
- 3. Seal and return the completed kit to the event working staff at the end of the assembly line**
- 4. Head back to the beginning of the line and continue packing!**

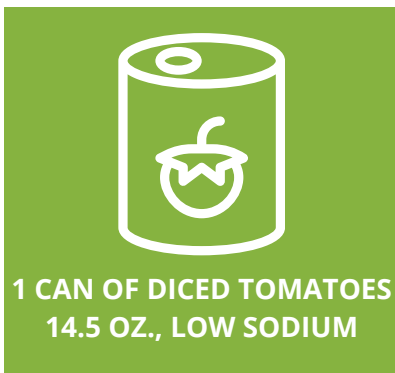
*Please proceed swiftly through the line so all guests have the opportunity to experience volunteering. Thank you for your cooperation and support!*



# NEEDED ITEMS

## Dinner in a Bag Food Drive

EVENT DATES: \_\_\_\_\_



*\*Important Note: All items must be new and in original packaging and must contain nutrition facts.*



**MONETARY DONATIONS ALSO ACCEPTED.**

**SAMPLE SCAN TO DONATE.  
\$1 = 3 MEALS.**



# Dinner in a Bag Food Drive

# DROP OFF HERE

Thank you for providing food, help, and hope  
to our neighbors in need!





### NEIGHBORS HELPING NEIGHBORS

The power of coming together. **Neighbors Helping Neighbors** is CFBNJ's community-based effort to help spread awareness about food insecurity and raise funds to provide food, help and hope for our neighbors in need. Bring your family, friends, neighbors, and coworkers together for the cause. Join us.

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### ABOUT THE COMMUNITY FOODBANK OF NEW JERSEY

The **Community FoodBank of New Jersey (CFBNJ)** is the largest anti-hunger, anti-poverty organization in the state, where nearly one million neighbors, including 1 in 8 children, struggle with the emptiness caused by hunger. We are the lead source of nourishing food for 800 pantries serving everyone from infants to college students to families and seniors. Our comprehensive approach addresses the root causes of hunger through food benefits and social services, job training and certification, local farm partnerships, and food policies that nurture all New Jerseyans. By providing food, help, and hope, we are building a food secure future for New Jersey. CFBNJ is a proud member of Feeding America®.