

WEEKLY PANTRY DISTRIBUTION GUIDE RATE

This chart shows the **MINIMUM** number of units to distribute to clients

Pantries are encouraged to consider family size and need when including TEFAP USDA Foods in packages to eligible recipients. The following guide rate is the recommended **MINIMUM** quantity to offer:

FOOD / PACK SIZE	NO. UNITS PER FAMILY SIZE				
Match to number of family members	1 - 2	3 - 5	6 - 8	9 - 11	12 PLUS
Canned Fruits & Vegetables (various sizes)	1	2	3	4	5
Fresh – Frozen Fruits & Vegetables (various sizes)	1	2	3	4	5
Fruit Juice, Bottle (64 oz.)	1	2	3	4	5
Cans – meat, poultry, fish (various sizes)	1	2	3	4	5
Frozen meats, poultry, fish (various sizes)	1	2	3	4	5
Dried or canned Beans (various sizes)	1	2	3	4	5
All Pasta (Bag - various sizes)	1	2	3	4	5
Dried Fruits (various sizes)	1	2	3	4	5
Cereal (15 - 18 oz. Box)	1	2	3	4	5
Peanut Butter (16-18 oz jar)	1	2	2	2	3
Rice, corn meal, oatmeal, grits (various sizes)	1	1	2	2	3
Cheese – package (various sizes)	1	2	2	2	3
Oil – (various sizes)	1	1	2	3	4
Soups – (various sizes)	2	3	4	5	6
Fresh Milk – 2-half gallons or 1 full gallon	1	2	3	4	5
Instant Non-Fat Dry Milk (various sizes.)	1	2	2	2	3

Note: Availability of foods is determined by the United States Department of Agriculture. Varieties and pack sizes of foods available will vary as USDA buying patterns adjust to food market conditions. This is a guide and does not contain all foods available.

This institution is an equal opportunity provider.