COMMUNITY FOOD BANK OF NJ PROGRAMS OVERVIEW

Presentation by:

The Nutrition Education Team

CFBNJ
COMMUNITY FOODBANK OF NEW JERSEY

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COMMUNITY NUTRITION

IMPACT TEAM

Nourishwell

NourishWell is a collaboration between the Community Nutrition, Nutrition Education, and Community Connections teams. The goal is to assist food pantries in supporting community members with (pre)diabetes by providing access to healthier foods, along with screening and nutrition education, to create a dedicated nutrition nook.

Growing Healthy Pantries

CFBNJ's Nutrition Policy

Food Pantries:

- Community Assistance Pantry (CAP), located in Egg Harbor, NJ
- Garfield Unity Pantry, located in Garfield, NJ

CFBNJ NUTRITION POLICY
EXECUTIVE SUMMARY

The Community FoodBank of New Jersey's (CFBNJ) Nutrition Policy provides clear guidance about the types and nutritional quality of foods that we acquire and distribute to our neighbors through our network partners. CFBNJ's Nutrition Policy strengthens our commitment to support our neighbors' food and nutritional security as well as dietary needs related to their health and cultural considerations.

- The Nutrition Policy aligns with Healthy Eating Research Nutrition Guidelines for the Charitable Food System and the Dietary Guidelines for Americans 2020-2025.
- Food items are categorized into three tiers: Choose Often, Choose Sometimes, and Choose Rarely, based on sodium, saturated fat, and added sugar content.
- CFBNJ prioritizes nutrient-dense options like fruits, vegetables, whole grains, lean proteins, and dairy, aligning with specific nutrient guidelines for the Choose Often and Choose Sometimes tiers.
- CFBNJ deprioritizes foods high in added sugars, saturated fats, and sodium to promote community health, and optimize storage and resources.
- The Nutrition Policy emphasizes balance, moderation, and access to quality foods.
- CFBNJ commits to equity, diversity, and inclusion by considering cultural food preferences and actively engaging with communities for feedback in the procurement of culturally appropriate foods.
- CFBNJ's goal is for 95% of purchased food to fall into the Choose Often and Choose Sometimes tiers by June 2027.

Choose Often
Low in saturated fats, sodium, and added sugars

Choose Sometimes
Medium levels of saturated fats, sodium, and added sugars

Choose Rarely
High levels of saturated fats, sodium, and added sugars

Our Goal
95%
of purchased foods will be made up of Choose Often and Choose Sometimes foods by June 2027

This Nutrition Policy affirms CFBNJ's dedication to our neighbors to provide access to nutritious foods while recognizing health and cultural considerations. CFBNJ's Nutrition Policy has been approved by CFBNJ's Board of Directors and will be annually reviewed to ensure its continued effectiveness and relevance.

Policy effective 7/1/2024

CHILD NUTRITION

IMPACT TEAM

Click here to see the brochure!

Family Pack

- Year-round program
- Provides mostly non-perishable foods to families for the weekend

Kid's Cafe (aka CACFP)

- Program operates from October - June
- Provides dinner 5 days per week for after-school programs that meet specific requirements *(shown on next slide)*

Summer Food Service Program (SFSP)

- Program operates from June - August
- Provides 2 meals per day to children in summer programs who are existing partners and meet specific eligibility and state requirements *(shown on next slide)*

CFBNJ COMMUNITY FOODBANK OF NEW JERSEY

CFBNJ Program Eligibility Cheat Sheet

SITE DOCUMENTATION	KIDS CAFE	SFSP	FAMILY PACK PROGRAM	NUTRITION EDUCATION	RESOURCE ACCESS
Child Care License OR Certificate of Occupancy *(If not a childcare center)*	✓				
Sanitation Inspection Certificate	✓		✓		
Fire Inspection Certificate	✓				
Tax Exempt Status Letter *(Non-Profits)* **OR Tax ID Letter**	✓				
Food Safety Certificate *(HOT: ServSafe | COLD: Food Handler)*	✓	✓	✓		
Sample of an After-School Enrichment Activity	✓				
Calendar of Closure Dates	✓	✓	✓		
At-Risk Attendance Zone Verification Letter	✓				
CFBNJ Program Partner Agreement	✓	✓	✓	✓	✓
Field Trip Form		✓			
Weekly Universal Site Record Forms *(State Requirement)*		✓			
NEW SITES: Pre-Approval Visit Form *(Completed by CFBNJ staff)*	✓	✓	✓		
Area Eligibility Map or School Data *(50% or more participation Free Lunch)* *(Handled by CFBNJ staff - site does not have to provide this)*	✓	✓	✓	✓	

COMMUNITY CONNECTIONS

IMPACT TEAM

SNAP Navigators

In person or online appointments for help with applications for:

- SNAP
- TANF (Temporal Assistance Needy Families)
- GA
- WIC, School Meals, Summer EBT, Child Care

Find Food and Appointment Bookings

SNAP Outreach Flyer

CFBNJ SNAP Navigators

WORK FORCE DEVELOPMENT

HUMAN RESOURCES

Food Service Training Academy (FSTA)

14-week culinary & life skills program

Click here to find out more about FSTA!

Warehouse Logistics Training Program (WLTA)

8-week program where students learn inventory management, compliance, purchasing, warehouse fulfillment and transportation safety

Click here to find out more about WLTA

Requirements: a valid New Jersey driver's license or non-driver ID, Social Security card, and high school diploma, GED, or college transcript

NUTRITION EDUCATION

IMPACT TEAM

Policy, Systems, & Environmental Changes (PSE)

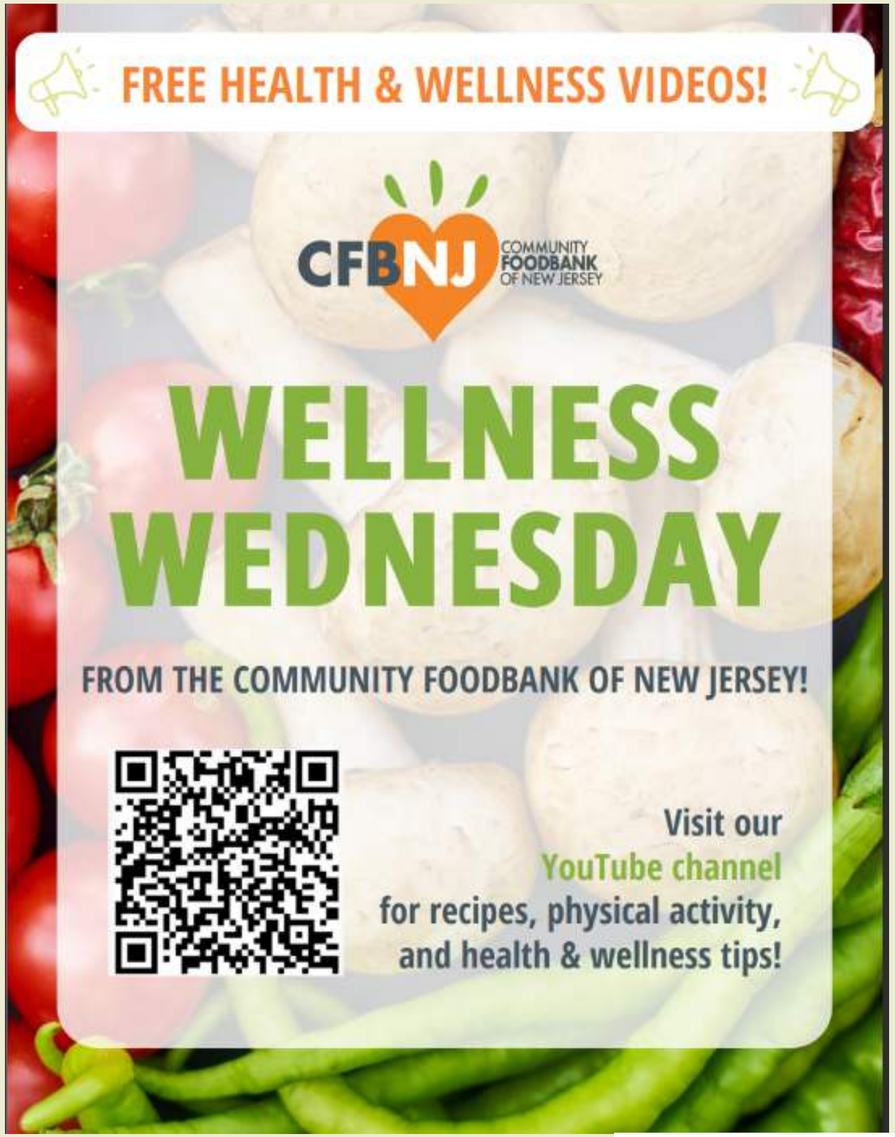
Health & Wellness Powered....

- Pantries / Communities
- Schools & After-schools
- Living

Direct Nutrition Education

- Class List

click the underlined links to access PDFs



NJ SNAP-Ed
eat healthy. be active.

PROGRAM NAME	**DESCRIPTION** *(EACH PROGRAM RECIEVES A $500 STIPEND USED TO PURCHASE APPROVED EQUIPMENT, AND RECEIVE A HEALTH AND POWERED BANNER).*
Health and Wellness Powered Pantries	• Provides access to healthy foods like whole grains, lean proteins, and fresh produce through food pantries. • Includes nutrition education to help individuals make healthier food choices. • Collaborates with local food banks and pantries to stock nutritious options.
Health and Wellness Powered Communities	• Features the Veggie Van, a mobile market delivering affordable fresh fruits and vegetables to underserved neighborhoods. • Focuses on convenience and accessibility, especially in food deserts lacking grocery stores or farmers' markets.
Health and Wellness Powered School Program	• Addresses the whole child's physical, emotional, and social needs by creating healthy school environments. • Collaborates with schools, families, and communities to promote health and wellness. • Incorporates 10 components, including physical education, nutrition, health services, and community engagement.
Health and Wellness Powered School After-School Program	• Targets children and youth during out-of-school hours with structured educational, recreational, and enrichment activities. • Operates after school, on weekends, and during summer to provide safe and engaging environments. • Focuses on personal development, social skills, and academic support.

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OVERVIEW:

- Program goals
- program offerings
- structure
- annual new/returning partner roadmap
- Requirements

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ONBOARDING DOCUMENTS

Direct Health Education and Health & Wellness Powered Programs

1.

Program Agreement (PA) Completion

2.

Complete Health Index and/or Surveys

3.

Complete Action Plan

PROGRAM AGREEMENT

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RENEWS ANNUALLY

HEALTH & WELLNESS POWERED SCHOOLS PROGRAM
HEALTH INDEX

HEALTH & WELLNESS POWERED AFTERSCHOOL PROGRAM STANDARDS & HEALTH INDEX

HEALTH & WELLNESS POWERED PANTRIES SURVEY

HEALTH & WELLNESS POWERED COMMUNITIES SURVEY

THANK YOU! ARE THERE ANY QUESTIONS?

For more information,
reach out to your CFBNJ SNAP-Ed Nutrition Educator.