

Whole School, Community, and Child (WSSC)

Healthy Lunchroom Policy

(School Name) is committed to the health and wellbeing of our students and staff because proper nutrition and wellness is imperative to the mental, physical, and emotional success of the individual.

**Therefore:**

(School Name) will strive to include healthy food options in the lunchroom and have healthy food promotional materials visible to students when choosing their food.

**Therefore:**

It is the goal of (School Name) to have *at least one whole fruit and one whole vegetable option* available to students when choosing their lunch items. It is also our goal to have *at least one nutrition education poster or educational resource* visible to students when they are in the lunchroom and/or on the lunch line.

Rearrange items

(Incorporate items from Healthy Lunchroom Initiative)

**Therefore:**

Effective \_\_\_\_\_, 20\_\_ it is the policy of (Name of School) to include healthy, whole food options for students at lunchtime and include health promotion materials visible around the lunchroom area.

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Title

Name of School

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Signature

Date