

# Family Dinner Ingredient Hunt!

Finish the activities  
to help us get  
dinner on the table!

Help us trace these vegetable names!

lettuce



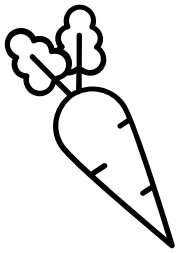
pepper



cucumber



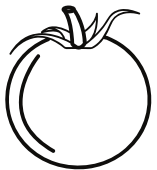
Help us color in these vegetables!



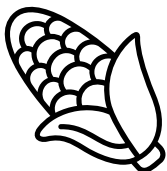
Carrots are **ORANGE**



Broccoli is **GREEN**



Tomatoes are **RED**



Corn is **YELLOW**

**COOKING  
MATTERS**<sup>®</sup>



## GROWN-UPS: WHAT'S FAMILY STYLE DINING?

It's when prepared dishes are placed on the table & everyone fills their own plate. It's great for kids to learn to serve themselves, try a little taste of new foods, and feel like grown-ups!  
#WinWin!