

This week, I tried..

FOOD RATER



How did you like
the food that you
tasted? Circle a
face!

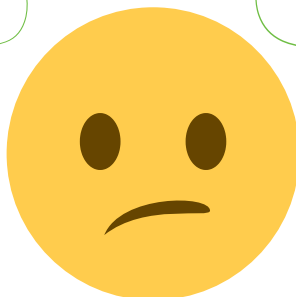
Name:



I liked it!



It was OK.



I didn't like
it this time.



GROWN-UPS:

Did you know it can take
up to 20 times for a child to
develop taste for a new food?
Try offering tiny bites or with
different seasonings if you
feel discouraged!



Draw the food you tried this week